

# Nurse Assessment & Return to School Guidelines

The return to school guidelines below will be used to allow for a student/staff member's re-admittance to school in the **ABSENCE** of a known condition causing their symptoms.

Screen all students for potential COVID-19 symptoms or exposure:

Any new **cough, difficulty breathing loss of taste/smell**, fever ( $\geq 100.4^{\circ}\text{F}$ ), congestion/runny nose, nausea/vomiting/diarrhea, sore throat, headache, myalgia, or exposure to COVID-19 positive person?

- 1 low-risk symptom
- No exposure

- $\geq 2$  low-risk symptoms OR
- 1 high risk symptom\*\*\*
- No exposure

- Positive exposure\*
- With or without symptoms

**Return to School:**  
24hrs after symptom resolution

Evaluation by Healthcare Provider  
No doctor's note or negative test can't return for 10 days

**Return to School:**

- After 10 or 14 days from last contact
- If symptoms develop, obtain swab\*\*

Negative swab\*\*

Lab testing & evaluation; alternative diagnosis likely

Positive swab\*\*

**Return to School:**

- 24hrs fever free
- AND symptoms improving

**Return to School:**

- After 10 days
- AND symptoms improving
- AND fever free for 24 without the use of medication

\*Exposure defined as close contact  $>15$  min, within 6ft  
\*\*Swab refers to SARS CoV-2 PCR test  
\*\*\*High risk symptoms (bolded); include cough, difficulty breathing and loss of taste or smell

## Return to school guidelines following a positive COVID-19 test

**Persons with COVID-19 who HAVE symptoms:**

- Must be fever free a minimum of 24 hours without fever-reducing medication
- AND have an improvement in symptoms (cough/shortness of breath)
- AND be at least ten (10) days since symptoms first appeared

**Persons infected with COVID-19 who NEVER develop COVID-19 symptoms:**

- May return 10 days after the date of their positive test